



# YMCA Level 2 Certificate in Fitness Instructing – Gym-Based Exercise

500/8269/3

This is to certify that

## Benjamin pryke

achieved the above qualification on 10/08/2018, following a programme of study at

### Train Fitness International Ltd

The following credits were awarded:

Title	Level	Credit(s)	UN
Anatomy and Physiology for Exercise	2	6	H/600/9013
Health, Safety and Welfare in a Fitness Environment	2	2	T/600/9016
Principles of Exercise, Fitness and Health	2	4	A/600/9017
Know How To Support Clients Who Take Part in Exercise and Physical Activity	2	2	M/600/9015
Planning Gym-Based Exercise	2	4	F/600/9018
Instructing Gym-Based Exercise	2	6	A/600/9020

**Rosi Prescott**  
Group Chief Executive, Central YMCA

Regulated by



For more information see <http://register.ofqual.gov.uk>



Learner Number:  
Validation Number:

440047  
00215935-01-KL1M

Certificate Number: 408828



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